



Jeff,

After having trained with you for the past few months I feel compelled to write you this and tell you how both Heather and I feel about our personal training experience. I want to start off by saying how extremely happy both Heather and I are with all you have done for us during our personal training. I have commented to you before on your professionalism, your personality and everything about your business that makes us feel so welcome, and part of a family committed to fitness. Your level of commitment to seeing your clients succeed in their fitness goals is second to none. You should be very proud of how you interact with your clients and motivate them to succeed. Heather and I see every day we come to JET, with less than perfect attitudes about our ability to achieve our goals, exactly how badly you want us to succeed and how much work and commitment you have put into us. Knowing this gives us drive and desire to continue working toward our goals. We can tell that you look at our challenge as a personal one, which really makes us feel special.

Your training has shown us that it is our responsibility to put in the same or higher level of commitment that you have given us. We told you originally when we came to JET that we were intending on purchasing your services through our wedding date. On a number of occasions we have gotten frustrated with ourselves and have needed more than one pep talk. You have stood beside us and have motivated us to continue with our original goal, pushing ourselves to another level, to not let ourselves or you down. I think it's your personality, which has such a high level of drive and commitment, which has gotten you to your level of fitness. You have motivated us to find in ourselves that same drive, to be able to reach our goals. Heather and I have enjoyed the time we have spent training with you so much that we have decided to continue to train with you even after the wedding and honeymoon. On occasion we have discussed pricing. I want to let you know that we feel your services are well justified and you deserve every penny of what you charge. We have purchased personal training services from another trainer and we are very comfortable with your pricing.

Jeff you should be very proud of the person you are and how motivational you have been to us. This is exactly why we came to you in the first place and why we enjoy getting our butts kicked by you every time we come. I don't think we could have picked a more perfect person to train us and we are so glad we met you. Ok! Enough of the sappy stuff, start thinking of how you're gonna kick our butts next time...;-)

Thanks again!!

Chad and Heather